

Delectables

Restaurant & Catering

<http://www.delectables.com>

Dinner Menu

Light Fare & Appetizers

Cup of Soup du jour or gazpacho	4	✓ White Bean Hummus & Pita	6
Bowl of Soup du jour or gazpacho	7	✓ Lamont's Cheesy Bread & Marinara	6
Cup of Soup & Small House Salad	8	✓ Guacamole, Salsa & Tortilla Chips	8
Bowl of Soup & Small House Salad	10	✓ Warmed Brie & French Bread	7
Sesame Ahi Tuna & Wasabi Cream	10	✓ Five Cheeses, Fruit & French Bread	15
Louisiana Crab Cakes & Remoulade	10		

Dinner Entrées

Served with a small house salad or a cup of soup, French Bread & Butter.

Lasagna of the Day <i>Our selection changes daily.</i>	12	✓ Pesto Pasta <i>A pesto cream sauce on penne, garnished with pine nuts and tomato.</i>	12
Southwest Penne & Blackened Chicken <i>Penne tossed with a chipotle cheese sauce and with blackened chicken & avocado.</i>	15	<i>Add Blackened Chicken</i>	3
Chicken & Spinach Enchiladas <i>Corn tortillas filled with a flavorful chicken & spinach blend with an enchilada sauce, cheese, avocado, sour cream, black beans & jasmine rice.</i>	12	✓ Asparagus Crêpes <i>Asparagus, shallots & Swiss in light dill crêpes topped with a lemon crème sauce and jasmine rice.</i>	12
Spaghetti & Meatballs <i>This comfort food is prepared traditionally with a marinara sauce & two meatballs.</i>	12	Wild Pacific Salmon Filet <i>With a tomato, basil beurre blanc, served with rice & vegetables.</i>	18
✓ Spinach Manicotti <i>Spinach crêpes stuffed with ricotta, parmesan, mozzarella & basil, served with a meatless marinara sauce.</i>	12	Chicken Picatta <i>Tangy lemon caper sauce on a tender chicken breast, served with mashed potatoes & vegetables.</i>	18
✓ Pasta Puttanesca <i>A fragrant & lightly spicy tomato sauce made with capers, garlic, balsamic vinegar, red pepper flakes, Greek olives.</i>	12	Chicken Palermo <i>Prosciutto, mozzarella & spinach stuffed chicken breast with a roasted red bell pepper cream sauce.</i>	18

The Ribeye

Certified Angus Beef 10oz Ribeye with a red wine mushroom demi-glace, served with mashed potatoes and vegetables. 22

Bistro Plates

✓ Spinach Cream Cheese Quiche <i>Our savory deep-dish pie features spinach and cream cheese. Served with a small house salad or a cup of soup.</i>	10	✓ The 201 Sampler <i>White bean hummus, spinach and cream cheese quiche, brie, marinated artichoke hearts and pita bread.</i>	12
✓ White Bean Hummus Plate <i>Great northern white beans, blended with all the essentials makes our hummus sought after time and time again. Served with pita & a small Zorba's salad.</i>	10	Waldorf Chicken <i>Our version of this classic salad features chicken, walnuts, yoghurt, sour cream, mayonnaise, raisins and celery served with fruit & white cheddar cheese.</i>	10
✓ Black Beans & Jasmine Rice <i>Garnished with guacamole, salsa & sour cream. Served with tortillas.</i>	9	Turkey <i>Turkey breast, Danish havarti cheese, tomato, avocado slices and fresh fruit.</i>	11
✓ Brie & Marinated Artichoke Hearts <i>Rich and creamy French Brie served with fruit & artichoke hearts in a Dijon sauce.</i>	12	Certified Angus Roast Beef <i>Chilled roast beef served with white cheddar, tomatoes, Greek Olives, potato salad & fruit.</i>	12

✓ =s Vegetarian

Bistro Plates

Prosciutto Ham

Thin slices of an Italian ham, sharp Asiago cheese, melon and red seedless grapes. 13

African Tuna

This African recipe contains albacore tuna, coconut, black olives, scallions, red bell peppers, lemon juice, oil and garlic served with fruit & cheddar cheese. 10

Curry Tuna

Albacore tuna, mayonnaise, scallions, bell peppers, raisins, served with fruit & havarti cheese. 10

Delightful Salads

All salads have romaine lettuce and are served with French Bread & Butter.
Dressings: Creamy Italian, Citrus Vinaigrette, Balsamic Vinaigrette, Dill Ranch, Thousand Island, Bleu Cheese

Delectables House

Feta, Greek olives, tomatoe, cucumber, carrot, pepperoncinis & cabbage. 7 Small 4

Tucson's Best Chef

Turkey breast, marinated artichoke heart, hard-boiled egg, & avocado on our Delectables House Salad. 10

Zorbas Greek Tomato

Lots of tomatoes, cucumbers, feta, Greek olives, pepperoncinis, red onions & drizzled with creamy Italian dressing. 9 Small 6

Caesar

Garlicky classic with parmesan, lemon juice, & olive oil. 9 Small 6

Add 5 anchovie filets 2

Add Baked Chicken 3

Add Blackened Salmon 5

301 Salad Sampler

A scoop of African tuna, curry tuna & Waldorf chicken salads are topped onto our Delectables House salad. 10

Mia's Spinach

Spinach, romaine, caramelized walnuts, bacon, red onions, feta, apple, egg & chicken breast. 13

The DiFiore

Turkey breast, marinated artichoke heart, hard-boiled egg, avocado, bacon, red onions, mozzarella, & caramelized walnuts on our Delectables House Salad. 15

Blackened Salmon

Wild salmon filet on our Delectables House Salad and served with our dill ranch dressing. 12 Small 9

Sandwiches

*Served with romaine lettuce, sliced tomato and your choice of potato chips or fresh fruit.
Add Avocado 2 Bacon 2 Potato Salad 2 Small House Salad 3 Cup of Soup 3*

Turkey & Havarti on Wheat	8	Roast Beef & Cheddar on French	8
African Tuna Salad on Wheat	8	Salami & Asiago on Foccacia	8
Corned Beef or Turkey Reuben on Rye	8	BLT & Chipolte Mayo on French	8
Prosciutto & Asiago on Foccacia	9	Chicken Pesto & Brie on French	9
Waldorf Chicken Salad on Wheat	8	Curry Tuna Salad on Wheat	8
Hummmus, Feta, Cucumber on Pita	8	Pesto, Alluette & Avo on Wheat	8

Build Your Hamburger

Served with lettuce, sliced tomato, pickle spear and potato salad and pick two items below. 9

Cheddar, Swiss, Alluette or Havarti, Avocado or Guacamole, Bacon or Sautted Mushrooms & Onions. Each additional topping 2

Specialty Burgers

**Patty Melt
toasted rye, Swiss,
sautted onions & mushrooms 10**

**Greek Burger
feta, pepperoncini, &
Greek olives 10**

We add 20% service to parties of five or more.

**Happy Hour Monday - Friday 3-7 and Live Music Every Friday & Saturday 7pm - 10pm
Wacky Wednesday, All bottles of wine 1/2 Price.**

533 N. 4th Avenue, 520-884-9289